



CIRCLE OF LIFE FUN RUN
CHINCOTEAGUE NATIONAL WILDLIFE REFUGE
CHINCOTEAGUE ISLAND, VIRGINIA
A 3.2 Mile Run (and 1 Mile Walk)
Saturday, October 9, 2010 ---- 8:00 A.M.
Steve Sadtler, Race Director
(757) 787-3310, Fax (757) 787-3320
COLFR@hpces.org

LOCATION & COURSE DESCRIPTION:
Chincoteague National Wildlife Refuge.

This paved loop meanders through both forest and wetland habitats. It is a great place to observe waterfowl and wading birds, with wide views of four large freshwater wetlands. The return section travels along an edge where wetland and forest meet – a place that attracts diverse wildlife populations.

ENTRY FEE ETC:

There is no entry fee for the 3.2 mile run or the 1 mile walk. There will also be no entry fee to enter the Wildlife Refuge for this event. The first 100 participants to register will receive a t-shirt commemorating the event. Registration will be available the day of the race beginning at 6:30 A.M. The event begins at 8:00 A.M.

Name _____ Age on Race Day _____

Address _____ Male _____ Female _____

City _____ State _____ ZIP _____ Phone _____

Email: _____

Event: 3.2 Mile Run _____ 1 Mile Walk _____

<p>Waiver: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials or sponsors at the Circle of Life Fun Run for injury or illness that may result from my participation. I further state that I am in proper physical condition to participate.</p>
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Signature: _____

Mail To: Steve Sadtler
Hospice and Palliative Care of the Eastern Shore
165 Market Street, Suite 3
Onancock, VA 23422

Thank you for your interest in the Circle of Life Walk Run. This event is not a fund raising event. However, information about donating to Hospice and Palliative Care of the Eastern Shore is available [HERE!](#)